



## INTERCLUB TEAMS OPEN: SERC & POOL CHAMPIONSHIPS

**VENUE: NEWTON PARK POOL: NELSON MANDELA BAY: GQEBERHA (PORT ELIZABETH)**  
**DATE: MONDAY 7<sup>th</sup> DECEMBER: SERC**  
**TUESDAY 8<sup>th</sup> DECEMBER to THURSDAY 10<sup>th</sup> DECEMBER: POOL**

### PRELIMINARY CHAMPIONSHIPS PROGRAMME

#### WEDNESDAY: 2<sup>nd</sup> DECEMBER

| LWC OPENING CEREMONY |                                                      | VENUE        |
|----------------------|------------------------------------------------------|--------------|
| 17h00 – 19h00        | Lifesaving World Championships 2026 Opening Ceremony | King's Beach |

#### SUNDAY: 6<sup>th</sup> DECEMBER

| BRIEFINGS     |                                                                                                                                        |                  |
|---------------|----------------------------------------------------------------------------------------------------------------------------------------|------------------|
| 16h00 – 17h00 | Open and Youth Interclub Pool Teams Technical Officials Beach briefing by Chief Referee, Safety Officer and Event Management Committee | Newton Park Pool |
| 17h00 – 18h00 | Open and Youth Team Pool and SERC Managers briefing by Chief Referee, Safety Officer and Event Management Committee                    | Newton Park Pool |

#### MONDAY: 7<sup>th</sup> DECEMBER

| INTERCLUB TEAMS OPEN SERC CHAMPIONSHIPS      |                                                                                                                                      |        |
|----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|--------|
| Time                                         | Event                                                                                                                                | Type   |
| 07h00                                        | Safety Meeting                                                                                                                       |        |
| 07h15                                        | Daily Competition Committee Meeting                                                                                                  |        |
| 11h00                                        | Team Managers briefing by Chief Referee (back up)                                                                                    |        |
| 10h45                                        | Opening of Interclub Open Championships                                                                                              |        |
| 11h00                                        | Technical Officials briefing by Chief Referee (scenario specific)                                                                    |        |
| 11h00                                        | Lock-up Open for Open Teams                                                                                                          |        |
| 11h15                                        | Lock-up closes Open Teams                                                                                                            |        |
| 11h15                                        | Preparation of pool and test run                                                                                                     |        |
| 12h00                                        | SERC heats for Open Teams                                                                                                            | Heats  |
| 13h30                                        | End of Session – Lunch break                                                                                                         |        |
| 14h15                                        | Technical Official briefing by Chief Referee (scenario specific)                                                                     |        |
| 14h15                                        | Lock-up commences for Open Teams finalists                                                                                           |        |
| 14h30                                        | Lock-up closes Open Teams finalists                                                                                                  |        |
| 14h30                                        | Preparation of pool and Test Run                                                                                                     |        |
| 15h15                                        | SERC final for Open Teams                                                                                                            | Finals |
|                                              | Victory Ceremony SERC Open Championships, "The Warren Rennie AM Trophy" to be held on Tuesday 8 <sup>th</sup> December during finals |        |
| End of Interclub Teams Open SERC Proceedings |                                                                                                                                      |        |

**TUESDAY: 8<sup>th</sup> DECEMBER**

**INTERCLUB OPEN TEAMS CHAMPIONSHIPS: DAY 1**

| <b>BRIEFINGS</b> |                                                     |
|------------------|-----------------------------------------------------|
| 06h00            | Safety Meeting                                      |
| 06h30            | Daily Competition Committee Meeting                 |
| 06h45            | Team Managers daily briefing by Chief Referee       |
| 07h15            | Technical Officials daily briefing by Chief Referee |
| 07h30            | Marshalling commences                               |
| 08h00            | Competition commences                               |
| After last event | EMC/LOC meeting                                     |

| <b>INTERCLUB TEAMS OPEN POOL CHAMPIONSHIPS: DAY 1 HEATS</b> |                                                  |                              |             |
|-------------------------------------------------------------|--------------------------------------------------|------------------------------|-------------|
| <b>Time</b>                                                 | <b>Gender</b>                                    | <b>Event</b>                 | <b>Type</b> |
| 06h30                                                       | Warm-up in the competition pool                  |                              |             |
| 07h30                                                       | Marshalling commences                            |                              |             |
| 08h00                                                       | Women                                            | 200m Obstacle Swim           | Heats       |
|                                                             | Men                                              | 200m Obstacle Swim           | Heats       |
|                                                             | Women                                            | 4x50m Obstacle Relay         | Heats       |
|                                                             | Men                                              | 4x50m Obstacle Relay         | Heats       |
|                                                             | Women                                            | Line Throw                   | Heats       |
|                                                             | Men                                              | Line Throw                   | Heats       |
|                                                             | <b>Removal of obstacles, preparation of pool</b> |                              |             |
|                                                             | Women                                            | 100m Manikin Carry with Fins | Heats       |
|                                                             | Men                                              | 100m Manikin Carry with Fins | Heats       |
| <b>End of Session</b>                                       |                                                  |                              |             |

| INTERCLUB TEAMS OPEN POOLCHAMPIONSHIPS: DAY 1 FINALS |                                                                           |                              |             |
|------------------------------------------------------|---------------------------------------------------------------------------|------------------------------|-------------|
| Time                                                 | Gender                                                                    | Event                        | Type        |
| 13h15                                                | Marshalling commences                                                     |                              |             |
| 13h30                                                | Women                                                                     | 200m Obstacle Swim           | B-A Final   |
|                                                      | Men                                                                       | 200m Obstacle Swim           | B-A Final   |
|                                                      | Women                                                                     | 4x50m Obstacle Relay         | B-A Final   |
|                                                      | Men                                                                       | 4x50m Obstacle Relay         | B-A Final   |
|                                                      | Women                                                                     | Line Throw                   | B-A Final   |
|                                                      | Men                                                                       | Line Throw                   | B-A Final   |
|                                                      | Removal of obstacles, preparation of pool                                 |                              |             |
|                                                      | Victory Ceremony SERC Open Championships, “The Warren Rennie AM Trophy” . |                              | Mixed Team  |
|                                                      | Victory Ceremony 200m Obstacle Swim                                       |                              | Men & Women |
|                                                      | Victory Ceremony 4x50m Obstacle Relay                                     |                              | Men & Women |
|                                                      | Women                                                                     | 100m Manikin Carry with Fins | B-A Final   |
|                                                      | Men                                                                       | 100m Manikin Carry with Fins | B-A Final   |
|                                                      | Victory Ceremony Line Throw                                               |                              | Men & Women |
|                                                      | Victory Ceremony 100m Manikin Carry with Fins                             |                              | Men & Women |
| End of Day 1 Proceedings                             |                                                                           |                              |             |

**WEDNESDAY: 9<sup>th</sup> DECEMBER****INTERCLUB TEAMS OPEN POOL CHAMPIONSHIPS: DAY 2****BRIEFINGS**

|                  |                                                     |
|------------------|-----------------------------------------------------|
| 06h00            | Safety Meeting                                      |
| 06h30            | Daily Competition Committee Meeting                 |
| 06h45            | Team Managers daily briefing by Chief Referee       |
| 07h15            | Technical Officials daily briefing by Chief Referee |
| 07h30            | Marshalling commences                               |
| 08h00            | Competition commences                               |
| After last event | EMC/LOC meeting                                     |

**INTERCLUB TEAMS OPEN POOL CHAMPIONSHIPS: DAY 2 HEATS**

| Time                  | Gender | Event                           | Type  |
|-----------------------|--------|---------------------------------|-------|
| 06h30                 |        | Warm-up in the competition pool |       |
| 07h30                 |        | Marshalling commences           |       |
| 08h00                 | Women  | 100m Rescue Medley              | Heats |
|                       | Men    | 100m Rescue Medley              | Heats |
|                       | Men    | 200m Super Lifesaver            | Heats |
|                       | Women  | 200m Super Lifesaver            | Heats |
|                       | Women  | 4 x 50m Medley Relay            | Heats |
|                       | Men    | 4 x 50m Medley Relay            | Heats |
| <b>End of Session</b> |        |                                 |       |

**INTERCLUB TEAMS OPEN POOL CHAMPIONSHIPS: DAY 2 FINALS**

| Time                              | Gender | Event                                        | Type                   |
|-----------------------------------|--------|----------------------------------------------|------------------------|
| 13h15                             |        | Marshalling commences                        |                        |
| 13h30                             | Women  | 100m Rescue Medley                           | B-A Final              |
|                                   | Men    | 100m Rescue Medley                           | B-A Final              |
|                                   | Women  | 200m Super Lifesaver                         | B-A Final              |
|                                   | Men    | 200m Super Lifesaver                         | B-A Final              |
|                                   |        | <b>Victory Ceremony 100m Rescue Medley</b>   | <b>Men &amp; Women</b> |
|                                   | Women  | 4 x 50m Medley Relay                         | B-A Final              |
|                                   | Men    | 4 x 50m Medley Relay                         | B-A Final              |
| <b>End of Competition - Day 2</b> |        |                                              |                        |
|                                   |        | <b>Victory Ceremony 200m Super Lifesaver</b> | <b>Men &amp; Women</b> |
|                                   |        | <b>Victory Ceremony 4 x 50m Medley Relay</b> | <b>Men &amp; Women</b> |
| <b>End of Day 2 Proceedings</b>   |        |                                              |                        |

**THURSDAY: 10<sup>th</sup> DECEMBER****INTERCLUB TEAMS OPEN CHAMPIONSHIPS: DAY 3**

| <b>BRIEFINGS</b> |                                                     |
|------------------|-----------------------------------------------------|
| 06h00            | Safety Meeting                                      |
| 06h30            | Daily Competition Committee Meeting                 |
| 06h45            | Team Managers daily briefing by Chief Referee       |
| 07h15            | Technical Officials daily briefing by Chief Referee |
| 07h30            | Marshalling commences                               |
| 08h00            | Competition commences                               |
| After last event | EMC/LOC meeting                                     |

| <b>INTERCLUB TEAMS OPEN POOL CHAMPIONSHIPS: DAY 3 HEATS</b> |               |                                    |             |
|-------------------------------------------------------------|---------------|------------------------------------|-------------|
| <b>Time</b>                                                 | <b>Gender</b> | <b>Event</b>                       | <b>Type</b> |
| 06h30                                                       |               | Warm-up in the competition pool    |             |
| 07h30                                                       |               | Marshalling commences              |             |
| 08h00                                                       | Women         | 50m Manikin Carry                  | Heats       |
|                                                             | Men           | 50m Manikin Carry                  | Heats       |
|                                                             | Women         | 4 x 25m Manikin Relay              | Heats       |
|                                                             | Men           | 4 x 25m Manikin Relay              | Heats       |
|                                                             | Women         | 100m Manikin Tow with Fins         | Heats       |
|                                                             | Men           | 100m Manikin Tow with Fins         | Heats       |
| <b>Short Rest</b>                                           |               |                                    |             |
|                                                             | Mixed         | 4 x 50m Mixed Pool Lifesaver Relay | Heats       |
| <b>End of Session</b>                                       |               |                                    |             |

| <b>INTERCLUB TEAMS OPEN POOL CHAMPIONSHIPS: DAY 3 FINALS</b> |               |                                                            |                        |
|--------------------------------------------------------------|---------------|------------------------------------------------------------|------------------------|
| <b>Time</b>                                                  | <b>Gender</b> | <b>Event</b>                                               | <b>Type</b>            |
| 13h00                                                        |               | Warm-up in the competition pool                            |                        |
| 13h45                                                        |               | Marshalling commences                                      |                        |
| 14h00                                                        | Women         | 50m Manikin Carry                                          | B-A Final              |
|                                                              | Men           | 50m Manikin Carry                                          | B-A Final              |
|                                                              | Women         | 4 x 25m Manikin Relay                                      | B-A Final              |
|                                                              | Men           | 4 x 25m Manikin Relay                                      | B-A Final              |
|                                                              | Women         | 100m Manikin Tow with Fins                                 | B-A Final              |
|                                                              | Men           | 100m Manikin Tow with Fins                                 | B-A Final              |
|                                                              |               | <b>Victory Ceremony 50m Manikin Carry</b>                  | <b>Men &amp; Women</b> |
|                                                              |               | <b>Victory Ceremony 4 x 25m Manikin Relay</b>              | <b>Men &amp; Women</b> |
|                                                              | Mixed         | 4 x 50m Mixed Pool Lifesaver Relay                         | B-A Final              |
| <b>End of Competition - Day 3</b>                            |               |                                                            |                        |
| 15h00                                                        |               | <b>Victory Ceremony 100m Manikin Tow with Fins</b>         | <b>Men &amp; Women</b> |
|                                                              |               | <b>Victory Ceremony 4 x 50m Mixed Pool Lifesaver Relay</b> | <b>Mixed</b>           |
| <b>End of Day 3 Interclub Open Pool Proceedings</b>          |               |                                                            |                        |

**Notes:**

- Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.
- The programme will be reviewed after entries have closed and may change due to conditions and exigencies of the situation and is subject to change.





## INTERCLUB TEAM YOUTH: SERC & POOL CHAMPIONSHIPS

**VENUE: NEWTON PARK POOL: NELSON MANDELA BAY: GQEBERHA (PORT ELIZABETH)**

**DATE: MONDAY 7<sup>th</sup> DECEMBER: SERC**

**FRIDAY 11<sup>th</sup> DECEMBER to SUNDAY 13<sup>th</sup> DECEMBER: POOL**

### PRELIMINARY COMPETITION PROGRAMME

#### WEDNESDAY: 2<sup>nd</sup> DECEMBER

| LWC OPENING CEREMONY |                                                      | VENUE        |
|----------------------|------------------------------------------------------|--------------|
| 16h00 – 18h00        | Lifesaving World Championships 2026 Opening Ceremony | King's Beach |

#### SUNDAY: 6<sup>th</sup> DECEMBER

| BRIEFINGS     |                                                   |                  |
|---------------|---------------------------------------------------|------------------|
| 16h00 – 17h00 | Interclub Technical Officials: Open & Youth: Pool | Newton Park Pool |
| 17h00 – 18h00 | Interclub Team Managers: Open & Youth: Pool       | Newton Park Pool |

#### MONDAY: 7<sup>th</sup> DECEMBER

### INTERCLUB TEAMS YOUTH SERC CHAMPIONSHIPS

| INTERCLUB TEAMS YOUTH SERC CHAMPIONSHIPS      |                                                                   |       |
|-----------------------------------------------|-------------------------------------------------------------------|-------|
| Time                                          | Event                                                             | Type  |
| 07h00                                         | Safety Meeting                                                    |       |
| 07h15                                         | Daily Competition Committee Meeting                               |       |
| 08h15                                         | Team Managers briefing by Chief Referee (back up)                 |       |
| 08h15                                         | Technical Officials briefing by Chief Referee (scenario specific) |       |
| 08h00                                         | Opening of Interclub Youth Championships                          |       |
| 08h15                                         | Lock-up open for Youth Teams                                      |       |
| 08h30                                         | Lock-up closes Youth Teams                                        |       |
| 08h30                                         | Preparation of pool and Test Run                                  |       |
| 09h15                                         | SERC for Youth Teams                                              | Final |
| 14h00                                         | Victory Ceremony – Interclub SERC Youth Teams                     |       |
| End of Interclub Teams Youth SERC Proceedings |                                                                   |       |

**FRIDAY: 11<sup>th</sup> DECEMBER**

**INTERCLUB TEAMS YOUTH POOL CHAMPIONSHIPS: DAY 1**

| <b>BRIEFINGS</b> |                                                     |
|------------------|-----------------------------------------------------|
| 06h00            | Safety Meeting                                      |
| 06h30            | Daily Competition Committee Meeting                 |
| 06h45            | Team Managers daily briefing by Chief Referee       |
| 07h15            | Technical Officials daily briefing by Chief Referee |
| 07h30            | Marshalling commences                               |
| 08h00            | Competition commences                               |
| After last event | EMC/LOC meeting                                     |

| <b>INTERCLUB TEAMS YOUTH POOL CHAMPIONSHIPS: DAY 1 HEATS</b> |               |                                 |             |
|--------------------------------------------------------------|---------------|---------------------------------|-------------|
| <b>Time</b>                                                  | <b>Gender</b> | <b>Event</b>                    | <b>Type</b> |
| 06h30                                                        |               | Warm-up in the competition pool |             |
| 07h30                                                        |               | Marshalling commences           |             |
| 08h00                                                        | Women         | 200m Obstacle Swim              | Heats       |
|                                                              | Men           | 200m Obstacle Swim              | Heats       |
|                                                              | Women         | 4x50m Obstacle Relay            | Heats       |
|                                                              | Men           | 4x50m Obstacle Relay            | Heats       |
|                                                              | Women         | Line Throw                      | Heats       |
|                                                              | Men           | Line Throw                      | Heats       |
| <b>Removal of obstacles, preparation of pool</b>             |               |                                 |             |
|                                                              | Women         | 100m Manikin Tow with Fins      | Heats       |
|                                                              | Men           | 100m Manikin Tow with Fins      | Heats       |
| <b>End of Session</b>                                        |               |                                 |             |

| <b>INTERCLUB TEAMS YOUTH POOL CHAMPIONSHIPS: DAY 1 FINALS</b> |               |                                                    |                        |
|---------------------------------------------------------------|---------------|----------------------------------------------------|------------------------|
| <b>Time</b>                                                   | <b>Gender</b> | <b>Event</b>                                       | <b>Type</b>            |
| 13h00                                                         |               | Warm-up in the competition pool                    |                        |
| 13h45                                                         |               | Marshalling commences                              |                        |
| 14h00                                                         | Women         | 200m Obstacle Swim                                 | B-A Final              |
|                                                               | Men           | 200m Obstacle Swim                                 | B-A Final              |
|                                                               | Women         | 4x50m Obstacle Relay                               | B-A Final              |
|                                                               | Men           | 4x50m Obstacle Relay                               | B-A Final              |
|                                                               | Women         | Line Throw                                         | B-A Final              |
|                                                               | Men           | Line Throw                                         | B-A Final              |
| <b>Removal of obstacles, preparation of pool</b>              |               |                                                    |                        |
|                                                               |               | <b>Victory Ceremony 200m Obstacle Swim</b>         | <b>Men &amp; Women</b> |
|                                                               |               | <b>Victory Ceremony 4x50m Obstacle Relay</b>       | <b>Men &amp; Women</b> |
|                                                               | Women         | 100m Manikin Tow with Fins                         | B-A Final              |
|                                                               | Men           | 100m Manikin Tow with Fins                         | B-A Final              |
|                                                               |               | <b>Victory Ceremony Line Throw</b>                 | <b>Men &amp; Women</b> |
|                                                               |               | <b>Victory Ceremony 100m Manikin Tow with Fins</b> | <b>Men &amp; Women</b> |
| <b>End of Day 1 Proceedings</b>                               |               |                                                    |                        |

**SATURDAY:12<sup>th</sup> DECEMBER**

**INTERCLUB TEAMS YOUTH POOL CHAMPIONSHIPS: DAY 2**

**BRIEFINGS**

|                  |                                               |
|------------------|-----------------------------------------------|
| 06h30            | Safety Meeting                                |
| 06h45            | Daily Competition Committee Meeting           |
| 07h00            | Team Managers briefing by Chief Referee       |
| 07h30            | Technical Officials briefing by Chief Referee |
| 08h00            | Opening of Interclub Youth Championships      |
| After last event | EMC/LOC meeting                               |

**INTERCLUB TEAMS YOUTH POOL CHAMPIONSHIPS: DAY 2 HEATS**

| Time                  | Gender | Event                           | Type  |
|-----------------------|--------|---------------------------------|-------|
| 06h00                 |        | Warm-up in the competition pool |       |
| 07h30                 |        | Marshalling commences           |       |
| 08h00                 | Women  | 50m Manikin Carry               | Heats |
|                       | Men    | 50m Manikin Carry               | Heats |
|                       | Women  | 4 x 25m Manikin Relay           | Heats |
|                       | Men    | 4 x 25m Manikin Relay           | Heats |
|                       | Men    | 200m Super Lifesaver            | Heats |
|                       | Women  | 200m Super Lifesaver            | Heats |
|                       | Women  | 4 x 50m Medley Relay            | Heats |
|                       | Men    | 4 x 50m Medley Relay            | Heats |
| <b>End of Session</b> |        |                                 |       |

**INTERCLUB TEAMS YOUTH POOL CHAMPIONSHIPS: DAY 2 FINALS**

| Time                              | Gender | Event                                         | Type                   |
|-----------------------------------|--------|-----------------------------------------------|------------------------|
| 13h00                             |        | Warm-up in the competition pool               |                        |
| 13h45                             |        | Marshalling commences                         |                        |
| 14h00                             | Women  | 50m Manikin Carry                             | B-A Final              |
|                                   | Men    | 50m Manikin Carry                             | B-A Final              |
|                                   | Women  | 4 x 25m Manikin Relay                         | B-A Final              |
|                                   | Men    | 4 x 25m Manikin Relay                         | B-A Final              |
|                                   | Women  | 200m Super Lifesaver                          | B-A Final              |
|                                   | Men    | 200m Super Lifesaver                          | B-A Final              |
|                                   |        | <b>Victory Ceremony 50m Manikin Carry</b>     | <b>Men &amp; Women</b> |
|                                   |        | <b>Victory Ceremony 4 x 25m Manikin Relay</b> | <b>Men &amp; Women</b> |
|                                   | Women  | 4 x 50m Medley Relay                          | B-A Final              |
|                                   | Men    | 4 x 50m Medley Relay                          | B-A Final              |
| <b>End of Competition - Day 2</b> |        |                                               |                        |
|                                   |        | <b>Victory Ceremony 200m Super Lifesaver</b>  | <b>Men &amp; Women</b> |
|                                   |        | <b>Victory Ceremony 4 x 50m Medley Relay</b>  | <b>Men &amp; Women</b> |
| <b>End of Day 2 Proceedings</b>   |        |                                               |                        |

**SUNDAY 13<sup>TH</sup> DECEMBER****INTERCLUB TEAMS YOUTH CHAMPIONSHIPS: DAY 3****BRIEFINGS**

|                  |                                                     |
|------------------|-----------------------------------------------------|
| 06h00            | Safety Meeting                                      |
| 06h30            | Daily Competition Committee Meeting                 |
| 06h45            | Team Managers daily briefing by Chief Referee       |
| 07h15            | Technical Officials daily briefing by Chief Referee |
| 07h30            | Marshalling commences                               |
| 08h00            | Competition commences                               |
| After last event | EMC/LOC meeting                                     |

**INTERCLUB TEAMS OPEN POOL COMPETITION: DAY 3 HEATS**

| Time                  | Gender | Event                              | Type  |
|-----------------------|--------|------------------------------------|-------|
| 06h30                 |        | Warm-up in the competition pool    |       |
| 07h30                 |        | Marshalling commences              |       |
| 08h00                 | Women  | 100m Manikin Carry with Fins       | Heats |
|                       | Men    | 100m Manikin Carry with Fins       | Heats |
|                       | Women  | 100m Rescue Medley                 | Heats |
|                       | Men    | 100m Rescue Medley                 | Heats |
| <b>Short Rest</b>     |        |                                    |       |
|                       | Mixed  | 4 x 50m Mixed Pool Lifesaver Relay | Heats |
| <b>End of Session</b> |        |                                    |       |

**INTERCLUB TEAMS YOUTH POOL CHAMPIONSHIPS: DAY 3 FINALS**

| Time                                                                                                               | Gender | Event                              | Type      |
|--------------------------------------------------------------------------------------------------------------------|--------|------------------------------------|-----------|
| 12h00                                                                                                              |        | Warm-up in the competition pool    |           |
| 12h45                                                                                                              |        | Marshalling commences              |           |
| 13h00                                                                                                              | Women  | 100m Manikin Carry with Fins       | B-A Final |
|                                                                                                                    | Men    | 100m Manikin Carry with Fins       | B-A Final |
|                                                                                                                    | Men    | 100m Rescue Medley                 | B-A Final |
|                                                                                                                    | Women  | 100m Rescue Medley                 | B-A Final |
| <b>Short Rest</b>                                                                                                  |        |                                    |           |
|                                                                                                                    | Mixed  | 4 x 50m Mixed Pool Lifesaver Relay | B-A Final |
| <b>End of Competition - Day 3. All teams to move to King's Beach for the Victory Ceremony and Closing Ceremony</b> |        |                                    |           |

**INTERCLUB YOUTH TEAMS: VICTORY AND CLOSING CEREMONY TO BE HELD AT KING'S BEACH**

|       |                                                                            |             |
|-------|----------------------------------------------------------------------------|-------------|
| 16h30 | <b>Victory Ceremony 100m Manikin Carry with Fins</b>                       | Men & Women |
|       | <b>Victory Ceremony 100m Rescue Medley</b>                                 | Men & Women |
|       | <b>Victory Ceremony 4 x 50m Mixed Pool Lifesaver Relay</b>                 | Mixed       |
|       | <b>Victory Ceremony Grand Aggregate Youth Pool Events</b>                  | Men & Women |
|       | <b>Victory Ceremony Grand Aggregate Youth Pool, Ocean and Beach Events</b> |             |

**Notes:**

1. Other than the initial marshalling and start times for each session all other listed times are indicative and for event planning purposes only. Individuals and Teams must be available at the commencement of each session for marshalling and competition of an event listed for conduct within that session.
2. The programme will be reviewed after entries have closed and may change due to conditions and exigencies of the situation and is subject to change.